

Shirley Ryan AbilityLab at Silver Cross Hospital

Inpatient Rehabilitation

The Shirley Ryan AbilityLab at Silver Cross Hospital offers a highly structured, intensive and multi-disciplinary inpatient program in a beautiful new therapeutic environment. Our program is designed to maximize your independence through patient and family education and to accentuate your functional ability and strengths as your body continues to heal from a disabling illness or injury.

WORLD-RENOWNED CARE CLOSE TO HOME

The Shirley Ryan AbilityLab (formerly the Rehabilitation Institute of Chicago) has been ranked the #1 Rehabilitation Hospital in America by U.S. News & World Report every year since 1991. The same specialized care that has earned Shirley Ryan AbilityLab its pre-eminent reputation in advancing human ability is available at Silver Cross.

CONDITIONS WE TREAT

Shirley Ryan AbilityLab at Silver Cross cares for adult patients who have had significant function loss and require daily physician oversight, intense therapy, and 24-hour rehabilitation nursing care due to:

- Amputation
- Arthritic Diseases
- Brain Injury
- Medically Complex Conditions
- Multiple Trauma
- Neurological Disorders
- Orthopedic Injuries
- Spinal Cord Injury
- Stroke

Care is provided on Silver Cross Hospital's 5th Floor, featuring:

- 28 spacious private rooms
- AbilityLab with state-of-the-art therapeutic equipment
- Multi-Activity Room with kitchen and dining area

REHABILITATION EXPERTS

Inpatient acute rehabilitation services are provided by licensed specialists under the coordination of a physician trained in rehabilitation. Each patient's care is customized to fit their needs, and care plans are developed with the input of the patient, family, physician, and rehabilitation team. Services include:

- Occupational Therapy
- Physical Therapy
- Rehabilitation Nursing
- Social Services/Case Management
- Speech-Language Pathology



Shirley Ryan AbilityLab
Silver Cross Hospital
1900 Silver Cross Blvd., Pavilion A
New Lenox, IL 60451
815.300.5400 - Inpatient Rehabilitation



Shirley Ryan
Abilitylab.

silvercross.org/abilitylab

Shirley Ryan AbilityLab

at Silver Cross Hospital

Outpatient Rehabilitation

The Shirley Ryan AbilityLab at Silver Cross is dedicated to providing you with personalized, patient-centered care. Our team of physical therapists, occupational therapists, and speech-language pathologists look beyond your symptoms. We'll listen to you carefully, review your records, and seek out the source of your injury or condition. Together, we'll create a treatment plan that is unique and customized to achieve your goals.

OUTPATIENT THERAPY SERVICES AVAILABLE

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology
- Aphasia
- Amputation
- Hand Therapy: custom splinting, sprains, strains, trauma injuries, tendon lacerations and repairs
- Ergonomics
- Lymphedema
- Neurologic Rehabilitation
- Orthopedics
- Pre-driving Screen
- Spine Medicine
- Stroke Recovery
- Temporomandibular Joint Dysfunction (TMJ/TMD)
- Pelvic Health
- Swallowing
- Vestibular Rehabilitation and Concussion



OUR OUTPATIENT PROGRAM FEATURES:

- One-on-one treatment sessions
- Multidisciplinary team approach
- Highly trained staff with advanced certifications
- Evidence-based care

Locations

NEW LENOX

Silver Cross Hospital

1900 Silver Cross Blvd., Pavilion A
New Lenox, IL 60451
815.300.5400 - Inpatient Rehabilitation
815.300.7110 - Outpatient Rehabilitation

HOMER GLEN

Silver Cross Health Center

12701 West 143rd St., Suite 220
Homer Glen, IL 60491
815.300.6288 - Outpatient Rehabilitation

JOLIET

Silver Cross Professional Building

1051 Essington Rd., Suite 260
Joliet, IL 60436
815.300.6580 - Outpatient Rehabilitation



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